

**Telephone Recruiting Script**  
**Specimen Collection from Healthy Volunteers for *in vitro* and Animal Research**  
**(WRAIR #1868)**

Scientists and doctors at the Walter Reed Army Institute of Research (WRAIR) and our affiliated institutions in government and industry, work to develop new medicines, vaccines, diagnostic tests, and prevention tools to protect people from sickness and injury. Many of the research projects need human samples such as blood, urine, saliva, and swabs of skin or mucous membranes to be successful. We have a research study that allows us to collect these types of specimens from healthy volunteers between the ages of 18 and 62. We are inviting you to enroll in that study.

There are several different methods used for specimen collection in this study. Blood can be collected in tubes, just like when blood tests are done in a doctor's clinic, or the blood can be drawn into a bag like in a blood bank, which collects blood for transfusions. The volume of blood collected into tubes will not be more than 250 mL, 17 tablespoons or one-half of a pint. When blood is drawn into a bag, the volume taken will not be more than one full bag, also called a unit. A full blood unit has a volume of about 400-450 mL, 30 tablespoons or one pint. It takes about 15 to 20 minutes of your time to donate a full unit of blood and you need to drink a little extra liquid for the rest of the day. Urine and saliva are typically collected in a sample cup that we provide in our clinic. Saliva can also be sampled using a swab which looks similar to a cotton swab like a Q-tip. Some researchers need other types of swabs from various areas of a person's skin or mucous membranes, specifically the nose, mouth, throat, eyes, as well as the areas around the genitals or anus.

Blood samples that are drawn are collected in the WRAIR Clinical Trials Center where there are technologists specially trained to collect larger volumes of blood. Urine and saliva are collected in our clinic as well. Swabs will be collected by trained medical personnel here in the WRAIR CTC, such as a doctor or nurse.

You may choose what type of donations you are willing to make. If you decide to donate blood, you can decide whether you would like to donate small amounts such as blood draws into tubes, or larger amounts such as full blood units. You do not have to donate by all the methods. There are limits on how much blood you can donate and how often you can donate. These limits will be explained to you fully during a counseling session in the Clinical Trials Center. There are no limits on how much or how frequently you donate samples other than blood. Volunteers will receive \$25 for giving blood samples for screening evaluation. The compensation for donating larger volumes of blood will range between \$50 and \$150 for civilians and \$50 for active duty military personnel. Volunteers who donate any other samples (not blood) will receive \$50. Outside of the money you receive for your donations, you will receive no other benefits for your participation in this study.

To be in the study, you must be in good health, not be a carrier of any diseases that are passed by blood, and not be frightened by needles. You cannot be in this study if you have anemia, which is a low blood count, if you use recreational drugs or abuse alcohol, or if you are pregnant now or plan to get pregnant in the next year. If you agree to enroll in the study and sign

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a consent form, we will ask you some more detailed questions and give you a brief physical exam. If no problems are found, we will draw some baseline laboratory tests. If no problems are identified by the tests, you will be enrolled for the study and scheduled to donate.

Would you like an appointment to learn more about the study?

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